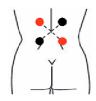
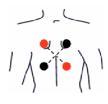
# **TruWave TENS Suggested Electrode Placement**



#### IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the IKNS or NMKS modality.



#### TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NIMES modality.

### **Lumbar Back**



#### IFC Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



**IFC Modality** 

Thoracic Back

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modelity.



#### TENS / NMES Modality

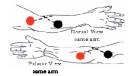
Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NIMES modality.

# **Cervical / Neck**

#### IFC Modality

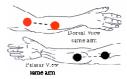
Place the electrodes with the  $\overline{RED}$  and BLACK ends of the leadwires according to pattern depicted on figure below.



#### TENS Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure below.

Using both channels and crisscrossing the electrodes is optional when using the UENS or NMES modulity.



# **Elbow**

# IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.

**Shoulder** 





#### TENS Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.

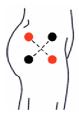
Using both channels and crisserossing the electrodes is optional when using the TEAS or NMES modality.





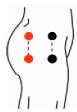
## Hand

# **TruWave TENS Suggested Electrode Placement**



#### IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NIMES modelity.

# Hip



#### IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TRNS or NMRS modelity

# **Anterior Knee**

#### IFC Modality

and BLACK ends of the leadwires according to pattern depicted on figure below.

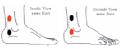
#### TENS / NMES Modality

Place the electrodes with the RED Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure below.

> Crisscrossing the electrodes is optional when using the TENS or NMBS modality.

> > ACHILLES TENDON

#### ACHILLES TENDON

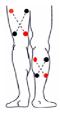


# ANKLE



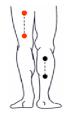
#### ANKLE

# Ankle



#### IFC Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modelity.

# Back of Leg



#### IFC Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### TENS / NMES Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is aptional when using the TENS or NMES modality.

# **Lateral / Medial Knee**



#### IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NIMES modality.

#### Foot

# **TruWave TENS Suggested Electrode Placement**



#### **IFC Modality**

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



### TENS Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left. Crisscrossing the electrodes is optional when using TENS Waveform.

**Post-Operative Knee** 



#### IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



#### NMES Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

**Muscle Spasm** 

## Note:

The most important aspect of TENS electrode placement is to position them so that the current passes through the painful area and along the nerves leading away from the pain.

These are suggested settings. All settings and placement of electrodes should be instructed by a medical practitioner.