## ValuTENS II Getting Started

- (1) Remove the slide cover on lower portion of the from of the device and place the 9 volt battery into the compartment.
- (2) Plug in the lead wires on the top of the unit while the unit is turned off. (Fig. A)
- (3) Attach the electrodes (pads) to the pin connectors at the end of each cable. (Fig. B)
- (4) Apply the electrodes (pads) in a perpendicular pattern to the skin with the center of the "X" directly over the painful area. (Fig. C)
- (5) Turn the unit ON by turning the Channel 1 dial on the top of the device. Increase the intensity by continuing to turn the dial until a strong but comfortable stimulation level is felt. Repeat for Channel 2 if both lead wires are attached.
- (6) The mode switch is located in the top center portion of the control panel located on the front of the unit and there are 3 modes to choose from, B, C, M. (Burst, Continuous, Modulation) being your choices. The timer (min) is located directly below this switch and lastly, the Width and Rate of the pulses can by adjusted using the left and right dials respectively, adjacent to the mode switch. (**Fig. D**)
- (7) Stimulation will run continuously until the treatment time has expired or the unit is turned off.

