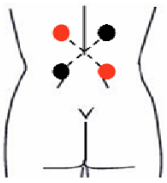
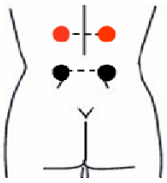
ValuTENS III Suggested Electrode Placement



IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

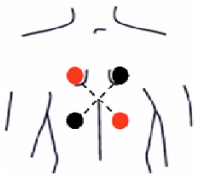


TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

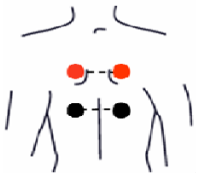
Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Lumbar Back



IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

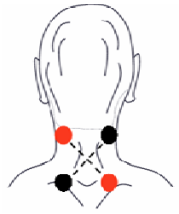


TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

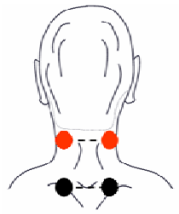
Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Thoracic Back



IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

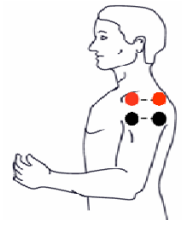
Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Cervical / Neck

IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

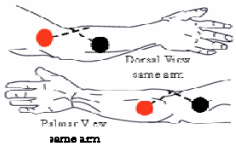
Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Shoulder

IFC Modality

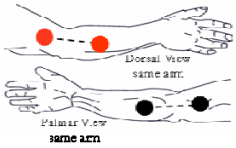
Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.



TENS Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.



Elbow

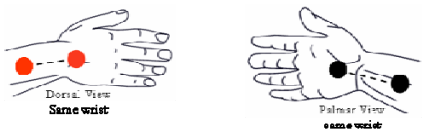
IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.

TENS Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

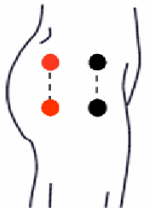


Hand

ValuTENS III Suggested Electrode Placement

IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

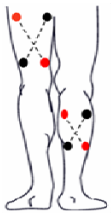


TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

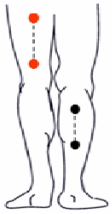
Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Hip



IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Back of Leg

IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

TENS / NMES Modality

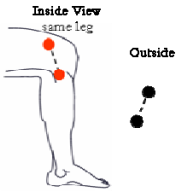
Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Anterior Knee

IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Lateral / Medial Knee

IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.

TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.

Crisscrossing the electrodes is optional when using the TENS or NMES modality.

ACHILLES TENDON

ANKLE

ACHILLES TENDON

ANKLE

Ankle

IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Foot

ValuTENS III Suggested Electrode Placement

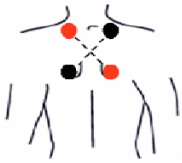
IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

TENS Modality

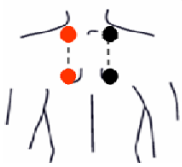
Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left. *Crisscrossing the electrodes is optional when using TENS Waveform.*

Post-Operative Knee



IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.



NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Muscle Spasm

Note:

The most important aspect of TENS electrode placement is to position them so that the current passes through the painful area and along the nerves leading away from the pain.

These are suggested settings. All settings and placement of electrodes should be instructed by a medical practitioner.